

# Central Courier

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March 2025

## Minister's Moment—Log Off and Be Still!

How long can you go without having to check your phone? How far can you go without your phone on your person? Those questions probably reveal to you just how dependent we are on our phone, or at least we think we are. What can they do for us? They do keep us connected to the world. They do keep us informed of what is going on around us. They can even guide us to a destination and distract us or entertain us once we get there. The phone has so many good qualities, but it also has some terrible qualities; one of the biggest ones is that it becomes addictive and consumes our time and attention.

As Christians, who deserves our attention? Ultimately God and at the same time all those around us. Our focus needs to be on bringing glory to God and loving on others. The phone can help us in that pursuit but I wonder if it doesn't do more to distract us than to focus us on God and others?

### Psalm 46

- 1 God is our refuge and strength, always ready to help in times of trouble.
- 2 So we will not fear when earthquakes come and the mountains crumble into the sea.
- 3 Let the oceans roar and foam. Let the mountains tremble as the waters surge! Interlude
- 4 A river brings joy to the city of our God, the sacred home of the Most High.
- 5 God dwells in that city; it cannot be destroyed. From the very break of day, God will protect it.
- 6 The nations are in chaos, and their kingdoms crumble! God's voice thunders, and the earth melts!
- 7 The LORD of Heaven's Armies is here among us; the God of Israel is our fortress. Interlude
- 8 Come, see the glorious works of the LORD : See how he brings destruction upon the world.
- 9 He causes wars to end throughout the earth. He breaks the bow and snaps the spear; he burns the shields with fire.
- 10 "Be still, and know that I am God! I will be honored by every nation. I will be honored throughout the world."
- 11 The LORD of Heaven's Armies is here among us; the God of Israel is our fortress. Interlude

The Psalmist reminds us of where our actual answers, direction, protection, and connection should come from, God. We ought to be dependent on God rather than anything else. We should be finding our satisfaction, peace, joy, and guidance from God rather than anywhere else. Imagine if we spent even half of the time we spend scrolling on our phones in God's Word, how much better off would we be? How much closer to God would we be? How much happier would we be?

The Psalmist reminds us of Who God is and What God does, and then they remind us of what we should do. We need to be still and recognize who God is, what God can do, and what God does do. We are supposed to be honoring God with our lives by trusting God with our lives. We are supposed to be firmly grounded on the fact that Our God is in control so we can be still (stop fretting, stop feeling anxious, stop thinking it depends on us, and start making our home in the peace that comes from His presence.)

So I have a challenge for you (and me too!) Decide that you will put down your phone and pick up your Bible. Uninstall that addictive game or app and instead install a Bible app (You Version is a good one) and start spending time in God's word. Start setting aside time to just "be still" with the Lord. Watch what will happen if we replace the death scroll with the Living Word in our life.

# March 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2 9:00am-Worship/Kid's Worship 10:35am-Worship/Sunday School 6pm-Bible Study in the auditorium (Various Connection Groups)	3 5pm-Men's Bible Study	4 5am-Men's Study 7pm-Young Adults Group	5 4pm-Ladies Bible Study 5:30pm-C4 Family meal 6pm-Youth Group 6:30pm-Wednesday Worship & Bible Study	6	7	8
9 <b>Spring Forward</b> 🕒 9:00am-Worship/Kid's Worship 10:35am-Worship/Sunday School 2:30pm-Feeding the Homeless in JC 6pm-Bible Study in the auditorium (Various Connection Groups)	10 5pm-Men's Bible Study	11 5am-Men's Study 10am-Ladies Craft Group 7pm-Young Adults Group	12 4pm-Ladies Bible Study 5:30pm-C4 Family meal 6pm-Youth Group 6:30pm-Wednesday Worship & Bible Study Children's Class	13	14 	15
16 10am-Combined Worship (Followed by a Soup, Salad, Sandwich Carry-in Meal) 1pm-Deacon's Meeting	17 5pm-Men's Bible Study	18 5am-Men's Study 7pm-Young Adults Group	19 4pm-Ladies Bible Study 5:30pm-C4 Family meal 6pm-Youth Group 6:30pm-Wednesday Worship & Bible Study	20	21	22
23 9:00am-Worship/Kid's Worship/SS Class 10:35am-Worship/Sunday School 6pm-Bible Study in the auditorium (Various Connection Groups)	24 5pm-Men's Bible Study	25 5am-Men's Study 7pm-Young Adults Group	26 4pm-Ladies Bible Study 5:30pm-C4 Family meal 6pm-Youth Group 6:30pm-Wednesday Worship & Bible Study	27	28	29 11am-Baby Sprinkle for Ashley & Aaron Church 4pm- 
30 9:00am-Worship/Kid's Worship/SS Class 10:35am-Worship/Sunday School 6pm-Bible Study in the auditorium (Various Connection Groups)	31 5pm-Men's Bible Study					



- |                    |                    |
|--------------------|--------------------|
| 1-Carolyn Arwood   | 12-Jesse Carr      |
| 1-Zeke Cornett     | 12-Lou Stiltner    |
| 3-Brad Johnson     | 13-Donna Ward      |
| 4-Tonya McKinney   | 16-Carolyn Caraway |
| 5-Joshua Asche     | 22-Allison Fowler  |
| 6-Paul Dailey      | 23-Marie Buck      |
| 7-Julia Strazay    | 25-Allison McClain |
| 8-Leslie Luttrell  | 26-Tim Robey       |
| 8-Becky Kelly      | 30-Alayna Carr     |
| 9-Maple Winningham | 30-Bob Hendrix     |
| 10-Hayden Hyden    | 31-Patsy Franklin  |

♥ happy ♥ anniversary  
24-Todd & Susie Wolfe





# March 2025

## Workers' Schedule

### ***Children's Ministries***

#### **Preschool/Nursery 1st Worship:**

- 2: Maddie Kelly, Abigail Kelly  
& Sharon Hammons
- 9: Theresa King, Mikkayla King  
& Julie Yunker
- 16: Courtney Dailey, Lori Whitson  
& Sharon Hammons
- 23: Becky Kelly, Elizabeth Kelly  
& Sarah Turbyfield
- 30: Lori Whitson, Nancy LeMay  
& Olivia Tuminello

#### **Nursery 2nd Worship:**

- 2: Karen Robey & Summer Hyden
- 9: Lori Whitson & KC Wolfe
- 16: Combined Worship
- 23: Jennica Norman & Shelby Canosa
- 30: Karen Robey & Sharon Hammons

#### **Preschool 2nd Worship:**

- 2: Jenny Turbyfield
- 9: Carolyn Caraway
- 16: Combined Worship
- 23: Connie Wade
- 30: Leora Hendrix

#### **Preschool Helpers 2nd Worship:**

- 2: Leora Hendrix
- 9: Lori Smith
- 16: Combined Worship
- 23: Lori VanDyke
- 30: Jenny Turbyfield

#### **Kid's Worship:**

- 2: Jeremiah & Allison McClain
- 9: Allen & Tasha Dykes
- 16: Family Sunday
- 23: Julie Murphy/Keira Wolfe
- 30: Jeremiah & Allison McClain

### ***Worship Ministries***

#### **Communion Meditations:**

##### **Worship #1 & 2**

- 2: Brad McKeehan
- 9: Garrett Townsend
- 16: Larry Hammons
- 23: Andrew Norman
- 30: Kemp Haley

#### **Sound Room:**

- 2: Josh Carter, Pdraig Murphy  
& Lori Whitson
- 9: Josh Carter, Matt Wolfe  
& Levi Wolfe
- 16: Wayne Turybfield, Matt Wolfe  
& Daniel Hill
- 23: Josh Carter, Matt Wolfe  
& Aaron Church
- 30: Josh Carter, Matt Wolfe  
& Levi Wolfe

#### **Brew Crew:**

- 2: Jessica Greene
- 9: Lori Whitson
- 16: Combined Worship
- 23: Larry & Sharon Hammons
- 30: Billy Murphy

#### **Medical Attendant:**

- 2: Janet Wolfe
- 9: Bonnie Hoover
- 16: Allen Dykes
- 23: Janet Wolfe
- 30: Janet Wolfe

#### **Worship #1 Greeters:**

- 2: Steve & Julia Strazay
- 9: Tom & Terry Turbyfield
- 16: David & Theresa King
- 23: Tim & Karen Robey
- 30: Tom & Terry Turbyfield

#### **Worship #2 Greeters:**

- 2: Larry & Sharon Hammons
- 9: Chauncey & Betty Fernandes
- 16: Everett & Lori Smith
- 23: Bob & Fetty Judge
- 30: Kemp & Marcia Haley

#### **Welcome Team**

- 2: Betty Fernandes & Susie Wolfe
- 9: Jeremiah & Allison McClain
- 16: Bryan & Jill Hughes
- 23: Charlene Ray & Susie Wolfe
- 30: Paul & Courtney Dailey

#### **Service Attendants:**

- 2: White Team
- 9: Green Team
- 16: Blue Team
- 23: Orange Team
- 30: Red. Team

# Family Ministry Happenings



## ATTENTION Students!!

It's Lock-In Time!! Join us on March 14th at 7pm. It's free and food is provided. Contact Jeremiah if you need more information.



Wednesdays  
at 6:00pm

Wednesdays  
at 6:30pm



## March Sunday School Lesson Schedule

### Adults/Youth:

- March 2: Enduring with Gods Purpose (Acts 28)
- March 9: Endurance and Christ's Exaltation
- March 16: Combined Worship
- March 23: Worshiping our Resurrected Lamb (Revelation 4-5)
- March 30: Worshiping our Conquering King (Revelation 19-20)

### Children:

- March 2: We wait with Love (Acts 28)
- March 9: Endurance and Christ's Exaltation
- March 16: Combined Worship
- March 23: Worshiping our Resurrected Lamb (Revelation 4-5)
- March 30: Worshiping our Conquering King (Revelation 19-20)



Combined  
Worship

**Sunday, March 16th**  
**10:00 am at the Pavilion**  
**(Followed by a fellowship meal)**



On Sunday, March 9th, we will feed the homeless in Johnson City. Meet at the church at 2:30pm to prepare food, deliver it and serve it. If you want to serve, see Billy Murphy!

### Fellowship Meal

On Sunday, March 16th, following our worship service we will have an ALL carry-in Fellowship meal. The theme is Soup, Salad & Sandwiches. Please bring your favorites with desserts and drinks for your family and to share with visitors. Don't miss it!



### Change for Change

In the foyer we are collecting spare change to raise money to purchase an additional van. As the children and youth programs grow, we have found a need for an additional van and also to help with the summer food route. Bring your loose change in today and drop into the big jug in the foyer.



### Deacons' Meetings

#### Reminder



On Sunday, March 16, following our fellowship meal, there will be a Deacons' meeting. All Deacons are asked to attend!



We are planning a "Baby Sprinkle" for Ashley and Aaron Church on March 29th, at 11am, at the pavilion. A sprinkle is for diapers, wipes and gift

cards. Come and join us as we plan to welcome baby Olivia Jane!



The Joy Group will be sharing a meal on Saturday, March 29th at 4pm in fellowship hall. Watch for more details and plan to join us!



The date for the Women of Joy Conference for 2025 is October 9-12. Sign-up before March 9th to reserve your spot!

### Wednesday Family Meal

Beginning on Wednesday, March 5th  
Serving Dinner 5:30-6:00pm

- Additionally, we will be delivering meals to individuals in the community that are unable to participate in in-person Bible Study.
- There are sign-up sheets for delivery drivers and those who would like to be served.
- If any questions, see Betty Fernandes or Billy Murphy.



**EAST TENNESSEE CHRISTIAN  
HOME & ACADEMY**

**ETCHA Needs for March:**  
**Paper towels, Toilet paper, napkins, kleenex**